

## PRAYERS FOR PEACE

We continue to meet for 20 minutes of collective silent prayer in the Mitchel Chapel every Friday at 12 noon. In these times of conflict and anxiety across the world, we are reminded peace lives within us and is for sharing with all.

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### Parish Grouping – What's On:

#### ST MARY'S

**Concert – AOC Productions - Almost Anything Goes – Friday 15<sup>th</sup> November at 7.30pm**

**Concert – Northern Lights Singers – Sunday 8<sup>th</sup> December at 2.30pm**

#### ST STEPHENS

**Mondays** - new dance class for 55+, 10.30-11.30 - £20.00 per month

**Wednesdays**- Chatterbox - drop in cafe 10am-12noon

#### OLDMACHAR

**Fridays** - Community Cafe 10am-12noon. Adults £4.00 Children £2.00 which includes unlimited tea, coffee and snacks.

**1st Saturday of every month** - Ladies breakfast 9-10.30am - a relaxed friendly breakfast with a guest speaker chatting for a short while.

**9<sup>th</sup> November** – Craft Fayre and Coffee Morning – stalls available for £15.00, please contact [secretary@oldmacharchurch.org](mailto:secretary@oldmacharchurch.org)

# St Machar's Cathedral

## Sunday 20<sup>th</sup> October 2024

### SERVICES

<b>Sunday 27<sup>th</sup> October 2024</b>	11am Morning Worship and Gift Sunday with Rev Sarah Brown 6pm Evening Worship with Rev Sarah Brown
<b>Sunday 3<sup>rd</sup> November 2024</b>	11am Morning Worship with Rev Sarah Brown 6pm All Souls Service with Rev Sarah Brown
<b>Sunday 10<sup>th</sup> November 2024</b>	10.45am Remembrance Sunday Service with Rev Sarah Brown 6pm Evening Worship with Rev Sarah Brown

### OUR CONTACT DETAILS

**Office (Mon, Wed, Thur, Fri am): 01224 485988 – [office@stmachar.com](mailto:office@stmachar.com)**

**Minister: Rev Sarah Brown – [sarah.brown@churchofscotland.org.uk](mailto:sarah.brown@churchofscotland.org.uk)**

**Session Clerk: Alan Grant – [a.bryce.grant47@gmail.com](mailto:a.bryce.grant47@gmail.com)**

**\*\*\* CATHEDRAL EVENTS and CONCERTS \*\*\***

### WOMEN'S GROUP COFFEE MORNING



The October days are getting shorter, and winter is on its way. A warm welcome is guaranteed at the Women's Group coffee morning.

Our next meeting is on Wednesday 30<sup>th</sup> October in the West Gatehouse of the Cathedral between 10.30am and 12 noon.

Looking forward to seeing you then.

Discover together  
St Machar's Cathedral, Old Aberdeen

# Free Family Fun Sessions

Tuesday October 22  
Thursday October 24  
12.00-14.30

guided family tours | dress up costume box | miniature Shield Hunt | autumn crafts | poppy craft | interactive puzzles |

Thursday extras: bell ringing | ancient charters on display | play the Cathedral organ

See our website for more details <https://www.stmachar.com/whats-on/>  
Shield Hunt and Interactive puzzles available everyday Monday-Saturday 09.30-16.30  
Sunday 13.00-16.30



Scottish Registered Charity  
SC008157

## SUNDAY SCHOOL

Due to the Sundays when we sometimes have only one child for Sunday School we are entering a time of discernment about our children's provision on Sunday mornings. We have three faithful and diligent Sunday School leaders who take it in turns to lead the classes alongside a PVG checked elder. We recognise if there is only one child, this can be a bit intimidating, and a bit disheartening for leaders to prepare a lesson and have no children appear.

For now, in consultation with parents, we are planning one lesson per month and a seasonal craft activity that will be started on a fixed date and can be continued if children arrive on the other Sundays.

We would love it if there are any willing volunteers to join the Sunday School team. Please pray for our Sunday School to flourish with more children regularly coming to church and that we find the right ways to encourage our children in their faith journeys.

Planned lesson days are:  
27th October

Other Sundays there will be craft activities available for the duty teachers and elders to use if children are present in church and wish to attend Sunday School. At the end of October, we will review if the new pattern is working for children, parents and teachers.

Rev Sarah Brown

## CHORAL SCHOLARS

We are delighted to announce we have been able to award seven choral scholarships for this academic year (2024/25). We have two continuing scholars - **Molly Brown** (soprano) and **Michael Muoneke** (tenor), and we are delighted to welcome **Sage Smith** and **Susannah Thomasson** to the soprano section, **Connie McLean** to the alto section, and **Richard Mason-Smith** and **Zak McCullough** to the bass section. Do say hello to our new scholars at coffee time after the service.

## WANTED!!

Clean purple, white, clear, sparkly and red sweetie wrappers for the poppy crafts please. If you have any to donate, please leave in the Education and Outreach Officer's box under the gallery. Thanks very much!

## COMMUNION LINEN

One task for which we need more volunteers is to join the team who take on the responsibility for washing and ironing the Communion linen. St Machar's has been fortunate to have had this task carried out unobtrusively and efficiently by teams of people over the years, but time passing has meant that we have lost some and need to recruit new volunteers. So, if you are interested in this small but important task, please speak to the Minister or the Session Clerk

## BENEDICT NWOKEDI

***Benedict Nwokedi** is a new Candidate for Full Time Word and Sacrament at the Church of Scotland and joins St. Machar Cathedral for his first vocations placement.*

*Originally from Nigeria, Benedict's journey to the Church of Scotland has been marked by a profound commitment to serving in his local church and teaching the Gospel.*

*As a member of the Woodside Parish Church and now Hillside Parish Church, he and his wife have been involved in various church activities.*

*Beyond his congregational involvement, Benedict is also a self-published author under the alias Dikachi Mann, and in his professional life worked in various sectors, from finance, entrepreneurship, hospitality, energy, and higher education. His openness to interfaith dialogue has also seen him fostering positive relationships with members of other faith communities, promoting understanding and respect.*

*Benedict's unwavering faith and compassionate spirit continues to inspire and uplift those around him. He enjoys writing, watching science fiction, and reading.*

*It is his hope and prayer that his time at St Machar Cathedral would bring much clarity on his ministry as well as much Christian service to the parish.*

**SCOTTISH COUNTRY DANCERS – in the Dunbar Street Hall**

Thursdays – 7.30pm – 9.30pm from 26th September to 12th December 2024  
Fees - membership £5.00 per term then £5.00 per session, non members £6.00 per session, students £3.00 per session. First night free of charge. Contact George on [georgerae315@gmail.com](mailto:georgerae315@gmail.com) or on 07597338568

**DUNBAR DANCE GROUP**

**SCOTTISH COUNTRY DANCING**

COME AND JOIN US FOR THE DANCING  
- enjoy the exercise, the live music and new friends. Feel good and have FUN !

OK, TAKE YOUR PARTNER FOR THE NEXT DANCE

CAN YOU DO 60 SECONDS OF SQUATS, 60 SECONDS OF PUSHUPS AND 60 SECONDS OF PLANKS?

**THURSDAY EVENINGS**  
**FROM 7.30 to 9.30 at**  
**Dunbar Street Hall**  
**First night free of charge**

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[www.facebook.com/Banchory-Scottish-Country-Dance-Club](http://www.facebook.com/Banchory-Scottish-Country-Dance-Club)

**WEDNESDAY WORSHIP AT KING'S COLLEGE CHAPEL**

All are invited to join in the services of Wednesday Worship at 5.15 pm each week in term time in the University Chapel.  
Do come along and enjoy this time of spiritual nourishment, which is followed by tea/coffee and biscuits - sustenance for the body as well as the soul!

**Coffee Morning**  
in aid of The Leprosy Mission

10am - 12pm on Saturday 2 November 2024

St Mary's Parish Church, King Street,  
Aberdeen, AB24 3DE

Entry by donation

Come and enjoy a morning of refreshments with various stalls available

The Leprosy Mission  
[www.leprosymission.org.uk](http://www.leprosymission.org.uk)

**God's invitation to relationship**  
An introduction to Ways of Praying

**EPIPHANY GROUP**  
rooted in the Ignatian tradition

A short prayer course on Zoom to support people into a deeper prayer life through tutors' input guided prayer experience & sharing

Tuesdays  
7.30pm - 9pm  
1st, 8th, 15th, 22nd, 29th Oct

To register:  
[epiphanyescot@gmail.com](mailto:epiphanyescot@gmail.com)

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- enjoy the exercise, the live music and new friends. Feel good and have FUN !

OK, TAKE YOUR PARTNER FOR THE NEXT DANCE

CAN YOU SEE OR ARE YOU COVERING UP THE LAST ONE!

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